

CHOP's Qualitative Studio

October 8, 2025

Title: Token Gesture or Transformative Practice? Reflexivity in HPE Research

Visiting Presenters: Kori LaDonna, PhD (Ottawa), Jaqueline Torti, PhD (Western Ontario)

Synopsis: Reflexivity is critical in ensuring the rigor and trustworthiness of qualitative research. Yet rather than being meaningfully and continuously integrated into the research process, reflexivity tends to be reduced to a procedural formality. This workshop aims to address the gap in understanding of, and practical guidance for reflexivity by both (re)examining the role of reflexivity in health professions education research and providing concrete strategies to improve reflexive practices.

Objectives: By participating in this full day participants will be able to:

1. Understand what reflexivity is and how it enhances the rigor of qualitative research.
2. Apply practical tools like reflexive journaling, drawing, and dialogue.
3. Collaborate effectively in reflexivity on research teams.

Agenda

Time	Content
8:00-9:00	Welcome <ul style="list-style-type: none"> • Review of agenda, learning objectives and introductions • Engage participants in ice-breaker activity
9:00-10:15	What is reflexivity? <ul style="list-style-type: none"> • Purpose & philosophy (the why) • Practice (the doing) • Real life examples (the biographical paragraph)
10:15-10:45	BREAK
10:45-12:00	Being reflexive (as an individual) <ul style="list-style-type: none"> • Worldview, positionality & curiosities • Strategies for engagement (reflection & journaling)
12:00-1:00	LUNCH
1:00-2:15	Being reflexive (as a team) <ul style="list-style-type: none"> • Negotiating reflexivity as insiders & outsiders • Vulnerability, safety, & disclosure • Practicing reflexivity (positionality & interview data)
2:15-2:45	BREAK
2:45-3:45	Fostering reflexive spaces <ul style="list-style-type: none"> • Strategizing rigorous, meaningful, & “doable” reflexive practices
3:45-4:30	Wrap up